



After Extractions and Insert of Dentures

- Some bleeding is normal after the removal of teeth. Oozing may continue for 24 hours or more.
- When receiving dentures, leave the denture in overnight, remove it in the morning, brush denture, rinse denture and mouth, then immediately put the denture back in your mouth.
- Do not smoke, drink through a straw, rinse vigorously, or spit for 24 hours. These actions may dislodge the clot and result in the formation of a dry socket, which takes approximately 7 to 10 days longer to heal.
- A semi-soft diet is recommended for a day or two depending on how you feel. With a new denture, start out with very soft and small bites. Learning to chew with a new denture is difficult and takes patience.
- You may take Advil, Tylenol or a pain medication prescribed by the doctor to control the pain. It is recommended that you begin taking pain medication while you are still numb.
- If the doctor gives antibiotics, please finish the entire prescription.
- If you have difficulty with any of the prescribed medications, please call the office.
- You may experience some swelling; it may increase for 24-48 hours. Ice may be applied to the face alternating sides every 20 minutes. If the swelling becomes severe, please call the office.
- You may feel bony edges where the teeth were removed; this is not unusual and will cover over as healing progresses.